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The Price of Freedom is Eternal Vigilance

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### Thought For The Week: *A 'Problem' correctly stated is already half solved - CH Douglas*

*And Jesus went into the temple of God, and cast out all them that sold and bought in the temple, and overthrew the tables of the money changers, and the chairs of them that sold doves: And he saith to them: It is written, My house shall be called the house of prayer; but you have made it a den of thieves. Matthew 21:12-13*

### THE INDIVIDUAL IN CONTEXT By Arnis Luks

I have been listening to the discussion about Ivermectin and Hydroxychloroquine as an alternative tonic from the mRNA injections against covid. I make a point of calling out this dialectical argument with the challenge that neither is a long-term solution to covid nor little else. Neither go to the cause of disease and at best are treating symptoms to the massive benefit of big Pharma – Ivermectin being \$712US per 5-day treatment. This policy of only treating symptoms to have a never ending need for medication is the core strategy of big pharma. JD Rockefeller moving into China 1913 to immediately set up a branch of a university to train the medical practitioners of the future to market his products. London School of Economics and Science was a similar model for the bureaucracy of the future as was Harvard, Princeton and Johns Hopkins Universities for the businessman of the future. Monopoly is monopoly and vested interest is just that - vested.

The introduction of chemical fertilisers (NPK and such like) was also a marketing strategy to sell a product based on the initial spurt of growth, not tested for long term reproducibility, nor the total food value measured in health benefits for the consumer, nor a sustainable approach to soil vitality. Why would industry through the universities finance the study of the possible adverse outcomes that may cause a drop in sales?

Reading *"The Soil and Health: A Study of Organic Agriculture"* by Sir Albert Howard (with a new introduction by Wendell Berry), I was reminded that man(kind) must be considered in his wholeness, and in the context of his own particular environment. Overemphasising one facet (more and more about less and less) biases the perspective necessary to hold a comprehensive view. A lot like producing statistics that really tell you nothing.

Wendell Berry's introduction argues that any scientific perspective must be considered together with their unique circumstances (culture, customs, soil, geography, elevation, humus content, crop history etc.) and localised environmental conditions. Sir Albert Howard's investigation into farming practices and 'final review' summarising his findings by promoting a 'policy of continuous return' towards the soils. All refuse, litter, animal and human waste (as a consequence of farming production) needs to be composted and then returned to replenish the vital minerals taken up as a consequence of production, to foster the development of humus which captures significant quantities of carbon from the atmosphere and stores it within the soil structure as a future food source for microbes which go on to feed the plants. It is a full cycle of return, a wheel of life which if done correctly, improves the soils' structure and fertility, potentially handing forward a legacy for future generations.

**Syncretism - Mixed Farming - Law of Return - Animal/Human Manure Converts Food Waste into Humus**

Sir Albert Howard's research emphasises that any disease is the indicator of poor agricultural practices, once remedied eliminating the incidence of disease. This approach to the vitality of the plant, especially with the ability to reproduce its own seed, is inherent within the management of the soil. An Australian Soil Scientist Christine Jones reinforces this perspective by advocating pastures of mixed grasses that complement each other promoting mycorrhizal fungi, and with a work practice of maintaining increased foliage to promote photosynthesis. A comprehensive approach to soil, plant, animal and man(kind).

*A mycorrhiza is a mutual symbiotic association between a fungus and a plant.*

*The term mycorrhiza refers to the role of the fungus in the plant's rhizosphere, its root system.*

*Mycorrhizae play important roles in plant nutrition, soil biology, and soil chemistry.*

The modern approach of science compartmentalising, knowing more and more about less and less, fails to consider ‘the overall’, missing the most vital considerations of context, environmental conditions, vagaries of circumstances, an overview of the syncretism associated with other plants, earth, air, sun, rain, plant, animal and man(kind). Why would we take a pill or spray a chemical when going back to the root cause of what is lacking is nutrient density from poorly managed soils. Sir Albert Howard's novel approach titled "*Organic Agriculture*" establishes again and again the direct relationship of mixed farming with animal conversion of waste into rich manures for compost which by returning to the soil promotes the growth of humus, this being the building block of plant cellular life, plant vitality, animal vitality and man's vitality. No jab can give you that.

### **Storing Up Our Rich Legacy Within The Soil**

Village life is an organic expression of community. Cities in Britain were the consequence of the removal of “the commons” by enclosing the open farmland, placing it under monopoly-controlled titles being a significant disenfranchisement against the poor. Massing in cities deprives man(kind) of his personal engagement with the earth. This policy was exploitive and deliberately impoverished the peasantry being forced into destitution.

### **CLOSING OFF THE COMMONS**

<http://www.rapidshift.net/three-ways-mass-poverty-has-been-created-starting-with-closing-off-the-commons/>

**extract**...Before the Industrial Revolution took off in England, most of Europe’s population lived as peasant farmers. We tend to imagine that this must have been a pretty miserable existence; after all, it’s hard to get any poorer than a peasant, right?

Well, it’s true that European peasants didn’t have the consumer lifestyles that we take for granted today. But they did have the most important thing they needed to determine their own futures: secure access to land for growing their food. They also had access to “common” land, which was managed collectively for overlapping uses: grazing for livestock, timber for homes, and firewood for heating and cooking. Peasants may not have been rich, but they enjoyed basic rights of “habitation” that were protected by longstanding tradition (*of land management-ed*).

But this security system came under attack in the 17th and 18th centuries. Wealthy merchants and aristocrats began a systematic campaign to privatize the commons and kick the peasants off their land, which they turned into sheep runs for the highly profitable wool industry. This became known as the “enclosure” movement, and historians regard it as the birth of capitalism as we know it today.

Millions of people were forcibly displaced, creating a monumental humanitarian crisis. For the first time in English history, the word “poverty” came into common use to describe the masses of people who literally

had no way of surviving. They poured into cities like London and scratched out a living in sprawling slums—fodder for Dickens’s bleakest novels. The enclosure movement gathered even more steam once it became clear that it offered a secondary benefit: the impoverished refugees provided the cheap labour necessary to fuel the Industrial Revolution, since they had no choice but to accept the slave-like conditions and rock-bottom wages of factory work. Even small children were sent to the factories by families desperate to survive. And the more people who were displaced from the land, the lower the wages went..end

### **Monoculture or Mixed farming**

Monoculture mines the soil and depletes the nutrient density of the plant, the vitality of the animal and mankind's health and wellbeing. Sir Albert Howard’s view is that growing nutrient rich food leads on towards democracy. The healthier the population the more chance of their physical vitality finding political expression. ‘*A pearl of great price*’ website [journeytoforever.org](http://journeytoforever.org) holds an extensive library of sought-after organic-small-farming books. Sir Albert Howard’s three books are available there, alongside literally hundreds of other deep-end authors in the organic movement including Lady Eve Balfour and Weston A Price.

Frank Bawden, one of three original founders of ALOR lived in McLaren Flat, South Australia, was also a foundational member of the Soil Association and I understand personally met Lady Eve Balfour as part of this association. Just the other day I happened to pass by his home of 30 years ago and noted the dark rich soil on his plot in comparison to his neighbour’s much lighter soil. I am guessing the current owners are continuing with Frank’s legacy of organic agricultural production of the Chardonnay wine grapes grown across those fields.

### **Sacred Foods**

Nutrient dense foods, consumed especially during the developmental stages of pregnancy, are referred to as ‘sacred foods’. This term was coined by Western A. Price in his work “*Nutrition and Physical Degeneration*”, (also available on the above mentioned website). Many examples of this ancient practice of pursuing sacred foods, travelling for days or even weeks if necessary, including some Australian Aboriginals goes back millennia. The photos of those people who received their fair share of nutrition during their developmental stage are worth a thousand words to demonstrate the difference of the anatomical structure of the chin, jaw and skull due to a rich ‘sacred food’ diet.

As a civilisation we are being undone from many facets, in this instance by agricultural banditry being forced on our farmers, most aggressively these past 300 years of industrial revolution from the financial system’s demanded exploitation of our natural resources at the expense of our health and future generations’ inheritance. The collapse of the Roman Empire 235-476 AD and

before that the Mediterranean Civilisation 1177 BC, both civilisational collapses occurred during an extended exploitation, erosion and depletion of the soil which brought about famine. Sustainable farming practices are as vital a consideration for the well-being of the population as regard to an adequate defence capability.

Balancing a personal diet is only half of the issue, the erosion and denuding of the future inheritance (nutrients) within the soils is the other. The deliberate subversion of our culture must now be rebuilt from the ground up, the soil being first on the list as our means of sustenance and vitality, our life forces. 'Healthy mind and healthy body' is factually back to front: a healthy body fed with a healthy diet makes for a healthy mind. A malnourished body cannot think it's way forward.

Now while these thought injections give you some ideas, any analysis must consider the under-girding philosophy behind each cultural discipline which provides the grounding of every association.

As a matter of personal work practice, I take vitamin supplements. 'Organically' producing food does not necessarily ensure a sufficient nutrient density from the plant or animal. The vitamin supplements compensate for this depletion. Even when organically grown, work practices also may not be sustainable. Manures and minerals imported denude their place of origin.

Within industry we find the pursuit of profit (quite legitimate) being offset against financial constraints of costs. Having several competing interests is to the benefit of the consumer. Competition between industries generally causes prices to fall, whereas monopoly enables price gouging and exploitation. There is a need to adjust the financial policy of denuding the soil, to promote a sustainable approach to agriculture, of mixed farming, including animals to maintain homeostasis of the soil fertility promoting life forces for humanity.

### **Personal Health Centred Around Plants and the Soil**

Husbandry of the soil is a foundational building block of your personal health and well-being - healthy soil, healthy plant, healthy man(kind). Another 'pearl of great price' is [gerson.org](http://gerson.org): this site is centred around treating the underlying causes of degenerative disease, the therapy reactivating the body's extraordinary ability to heal itself. Several times across my years I have to some degree initiated this therapy. Considering this program promotes optimum health to heal degenerative disease, *ipso facto*, the therapy is a template for healthy living.

### **Distance to Market**

One other consideration is the miles travelled by produce to reach market. Consider coal for power, iron ore for steel, bauxite for aluminium, ships, cars, white-goods to name a few. When considering all these major industries have been deliberately sent offshore to mostly China and Korea, we could place greater value on miles less travelled, produced and sourced locally. Not just for food, but for every commodity consumed locally.

The current threat of supply chain collapse is also an opportunity to restore right order against the concentrated centres of industrialisation spotted around the world. A chance to reset the folly of the Lima Declaration and regenerate Australian industry for Australian jobs for Australian people for Australia's Security.

### **Small is Beautiful**

These primary industry products currently governed by a perverted financial system, has over hundreds of years been fraudulently confiscated. The wealth from producers, these assets rightfully should be managed and developed locally where the produce and employment is needed. This is the greatest disease, a parasite on the body of our civilisation, once condemned as usury.

### **Local Currency**

Effort is a value that is currently controlled by the fraudulent financial system. Each community could just as readily establish a decentralised (local) financial mechanism that measures effort objectively. Hard currency can be used to manage external resources, but effort can be assessed and managed locally. Providing the cost/price relationship is closely balanced at the point of sale, proper sustainability is within the reach of every community. This needs to be factored into the equation of effort required. More effort means more local currency issued as a dividend so the prices can be liquidated. It is not as if there is a shortage of numbers to reflect the currency/effort relationship, provided the ledger is somewhat balanced.

In our online library, *Vic Bridger* has produced 6 texts on Douglas Social Credit that give you some ideas as to how this could come about. There is also the *Freedom Potential* repository of videos, both within our extensive libraries for further viewing and reading.

### **Medical**

Local economies with a local currency are part of the resolution against world government the great reset, perhaps correctly named but misdirected towards the personal benefit of monopolists instead of the individuals who comprise society.

We are offered a centralised medical system - gene therapy which will compromise our children's immune system irreversibly. We are also offered a neurotoxin (fluoride) through the centralised water distribution network. This is why we cannot think past the box. We are deliberately stupefied by these chemicals.

### **Think and Source Locally**

Where to start is a telling question. Small is the answer. Whether it is a corner plot or a local industry, start small and build your own '*victory garden*' as in the war years. Sacred foods are a gift from one generation onto the next. The Australian Scientist, Christine Jones offers practical and financially viable resolution for farmer's pastures utilising mixed grasses that complement each other to build up the soils humus in her '*Amazing Carbon*' website and video lectures.



The knowledge is there if we are willing and which can be practiced even at home. How do you undo 60 years of incessant indoctrination? One day at a time. The resources are there. Permaculture Swales or Hugel Mounds can be built one at a time to optimise the soil-air-water interface for optimum growing conditions - starting in your own back yard.

The constant MSM propaganda needs to be peeled away one subject/one discipline/one act at a time with the renewing of our mind. Our eyes must be turned away from the sparkler of indoctrination towards the light of life more abundant.

Let us walk through this manipulated great reset with a clear objective: to harvest the massive cultural reserves of information from the past, to guide us through into a new civilisation of abundance, plenty for all, not just the elite. To restore our home 'the earth', those wind-swept paddocks, ancient forests and grasslands, our own back yard. To rebuild the soils. To act locally for the direct benefit of those who live locally. To make our own heaven on earth instead of the current hell produced by centralising power into the hands of a few jet setting megalomaniacs.

Ensuring nutritionally dense food is consumed to nurture the body and mind is of the first importance. Our minds have been denuded, just as our soils and culture. One rainwater tank at a time. One garden plot at a time. One Hugel Mound at a time. One home at a time. One small community at a time. One farm paddock at a time. One small industry at a time. And one electorate at a time. Calling a public meeting I believe is premature until the first families can agree, are established, secure and in proximity to each other. This is not rocket science, it is tenacity, will-power and determination as we are at war and the adversary (elite) must be overcome one small step, one small plot at a time - salt of the earth.

### **Dictator Dan**

The Victorian government now wishes to make these emergency powers permanent in the sole hands of the premier as if he was a deity. Henry VIII and King John are present in the current forms of Dan and Scott. They are both doing the bidding of the usurer.

I am guessing the current push-back against the legislation is part of a re-election strategy of which the permanent legislation will be put in place after for dictator Dan to continue on with the great reset new world order – two steps forward one step backward. Hopes for a valid 2022 election result is wanting with the fiasco of the 2020 Queensland election there for scrutiny.

### **Record Fuel Prices and World Parity Pricing**

Petrol prices are at record highs and a decision made in the 1970s begins the story <https://www.abc.net.au/news/2021-10-29/record-prices-are-at-record-highs-fraser-government-john-howard/100575924>

This biased report is holding responsible a decision made 40 years ago for today's record fuel prices.

Crude oil prices have fluctuated from as low as \$10US per barrel 1940s-50s to a high of over \$180US per barrel 2009-10.

<https://www.macrotrends.net/1369/crude-oil-price-history-chart>

Around 1980 Crude was at a high of around \$130US yet the price at the pump was nothing like the 175cAUS per litre of today. Today's prices at the pump are a direct consequence of the increased federal taxation on fuel that has been slipped onto an unsuspecting public again and again over the past 40 years. Current World Parity Pricing of Crude Oil (\$100US per barrel) accounts for 84c per litre, with a small percentage allocated for the retailer usually less than 3c per litre, the rest is taxation - nearly 90c per litre. This biased report is an attempt to mask our government's mismanagement of the economy, spending like no tomorrow and must find revenue from somewhere. Fuel is critical to final prices of everything and will cause a massive spike in inflation. This is not rocket science, but a malevolent attempt to smooth over (censor) this government's carnage until after the next round of elections. The MSM are the cheer squad for the New World Order lockstep/lockdown policy of economic financial carnage against all, especially the middle class.

### **Glascow Climate Fiasco**

Glascow is a reflection of this centralised insanity, travelling in private jets, the thousands discuss issues that affect billions. You cannot even plan to plough one paddock from this perspective, as the soil is unique and variable, drainage particular, climate altering daily, and every other consideration compounding to make the remote-controlled plan intellectual and political folly.

**WE MUST OVERCOME THIS TYRANNY  
OR THIS TYRANNY WILL OVERCOME US \*\*\***

### **BEQUESTS**

From time to time people wish to leave a bequest to further the ongoing work of the League. This helps to ensure our most important message continues to go out. The staff continue to build onto the good work of the past towards a better future. The latest addition to our efforts is the development of a weekly Broadcast and Podcast, with further contributions added each week.

Take your time to explore a revamped and updated website with the main library now separated into 5 distinct areas. Our Journals continue to disseminate the news and provide a timely response to an ailing world.

Should you wish to direct a bequest to the League, please direct towards: "TALOR Pty Ltd,

**c/o The Australian League of Rights"**

*- Ken Grundy National Director*

### **DOUGLAS SOCIAL CREDIT TRAINING**

Douglas Social Credit is the disciplined science of social engineering measured in terms of human satisfaction. Available Online or from our Head Office

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