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SIXPENCE WEEKLY,

Will Japan be Forced into Communist Bloc?

A Vital Issue

By ERIC D. BUTLER

One of the major arguments used to justify the recently signed Peace Treaty with Japan is that it is essential to ensure that Japan becomes a sovereign power associating with the Western Powers to resist Communist aggression. But Western financial and economic policies might easily result in Japan being forced into a close association with the Communist group. The present Japanese Government may be well disposed towards their conquerors, but it is well to remember that the policies of the Zionist groups in the U.S.A. from 1920, when the disastrous Washington Agreement ruptured friendly relations between the British and a pro-British Japanese Government, until Pearl Harbour, were designed to ensure that all moderate, pro-Western Governments in Japan could be successfully opposed by the military leaders.

A number of highly qualified American historians have in recent years shown that there can be no doubt that the Roosevelt Administration, dominated by the Zionist groups of which Bernard Baruch and Professor Felix Frankfurter were leading figures, consistently sought to force Japan into war, and rejected all proposals by Japanese moderates like Prince Konoye who desperately desired peace.

In his diplomatic history of the second world war, "America's Second Crusade," William H. Chamberlin writes: "The climax and the prelude to Pearl Harbour, occurred on July 25, 1942. On that date the President (Roosevelt) froze all Japanese assets in the United States, amounting to 130 million dollars. This was followed by similar action on the part of Great Britain and the Netherlands Indies. What this amounted to was an economic blockade of Japan, a cessation of all trade relations.

"It has already been pointed out that, in the opinion of Nathaniel Peffer, an experienced student of Far Eastern affairs, 'when the President ordered the freezing of the Japanese assets in this country in 1941, he was decreeing a state of war with Japan.' "

Addressing the American Chamber of Commerce in London on June 20, 1944, Captain Oliver Lyttleton, British Cabinet Minister, said: "America provoked Japan to such an extent that the Japanese were forced to attack Pearl Harbour. It is a travesty on history to say that America was forced into war."

It was not the American people who did the provoking, but the Zionist-Communist groups and their power-lusting agent, President Roosevelt.

It is essential to draw attention to past

history in order that its lessons may, it is hoped, be learnt. At present the very countries, which are seeking Japanese co-operation in resisting Communism, are becoming concerned about a threatened flood of low-priced Japanese goods. But it is an indisputable fact that the Japanese, with a big population concentrated on a few comparatively poor islands, must export in order to obtain foreign credits with which to purchase certain raw materials. The military leaders in Japan were able to justify to the majority of the Japanese people, the economic necessity for the drive into Manchuria and China. The underlying factor was economic.

Before the last war China was a most important market for Japanese production, and in turn, as did Manchuria, supplied raw materials for the Japanese. It is reasonable to assume that Japan's raw material requirements are much greater now than they were before the war. But, assuming that another major military conflict isn't started, and that all Western Powers insist upon continuing present financial rules, tariff barriers will almost certainly be increased to limit Japanese imports. This will certainly suit Communist strategy admirably. It will be pointed out to the Japanese that if prepared to enter into friendly agreements with Moscow and Peking Governments, a resumption of trade with both China and Manchuria will be possible. If the Western Powers do not relax their partial economic boycott of Japanese goods, they will just as certainly drive the Japanese into the Communist bloc as they drove them into war in 1941. It is, of course, essential for a number of reasons that local manufacturing assets are

not destroyed by low-priced Japanese goods produced by cheap labour. But by modifying our financial rules we could permit the Japanese to pay for raw materials like wool by exporting goods, which would increase our standard of living. If the West will not modify present financial rules, the greatest victors will be the Communists and their Zionist backers. Mr. Menzies says he is concerned about defeating Communism. It will be interesting to see if he has any constructive policy for helping prevent Japan associating with the Communist powers.

OUR POLICY

1. The preservation of Australia's sovereignty as a part of the British Empire, and the exposure of all internal and external groups which attack that sovereignty.
2. The preservation and extension of genuine local government.
3. The preservation and strengthening of all Constitutional safeguards for the purpose of protecting fundamental individual rights.
4. The encouragement of all activities designed to bring Governments under more effective control by the electors.
5. The preservation and extension of genuine free, competitive enterprise and private ownership, and opposition to all Monopoly, whether it be "private" or State.
6. The support of a financial policy which will (a) permit free enterprise to make available to all individuals an increasing standard of living and greater leisure for cultural pursuits; (b) result in no further increase in the community's indebtedness and the sound business practice of gradually reducing existing debt.
7. Recognising that the basis of any sound economy is agriculture, the encouragement of agricultural policies, which will ensure the preservation and building up of soil fertility by organic farming and gardening; and the prevention of soil erosion and the protection of forests and watersheds.

Now, when our land to ruin's brink is verging,
In God's name, let us speak while there is time!
Now, when the padlocks for our lips are forging,
Silence is crime. WHITTIER,

The Defence Preparations Bill

The following letter was sent to the President of the six State Chambers of Manufactures by Mr. R. J. Webster, President of the Associated Chambers of Manufactures.

Objections, resentment and bewilderment from manufacturers, over the terms of the Defence Preparations Bill are more widespread than has been the case with any Commonwealth legislation over recent years, with the possible exception of the proposal to nationalise banking—and in that case, they were not so intense as in this instance.

Requests have been made for the calling together of the representatives from all States for the special purpose of discussing this matter, with a view to implementing a common policy for dealing with the situation. After carefully considering the matter from all angles, I decided against convening the special meeting. There is a meeting of the Executive already fixed for August, and, by that time, it should be possible to discuss the matter in a calmer atmosphere, and, I hope, with fuller information than has been available up-to-date.

In the meantime, it may be taken that if the Prime Minister is in possession of information, which justifies a belief that there is a threat of war, he will receive the unqualified support of Australian manufacturers in whatever steps it is necessary to take in the national interests to get the country into a state of preparedness. If war is threatening, and the Prime Minister and the Government know this and

fail to make preparations, the present protests will only be a circumstance to the public outcry which will follow an outbreak of war.

Beyond the absolute necessity, however, industry is strongly opposed to the imposition of controls and the regulation, regimentation and direction of industry, which can only result in the slowing of production, black marketing, waste of labour and all the other evils which are inseparable from Government control and interference with industry on the production side of its work.

Undoubtedly, there is widespread hostility and suspicion because of the unwillingness of the Prime Minister to seek the opinion of organised industry in regard to these matters, which virtually concern them.

When the National Resources Board was appointed, The Associated Chambers of Manufactures of Australia wrote to the Prime Minister offering every co-operation and assistance. After all, The Associated Chambers of Manufactures of Australia and its constituent bodies represent industrial organisations and leaders of industry who spend the whole of their time dealing with difficulties which necessitated introducing this special legislation, and there can be no doubt if they had been consulted solutions of many of the problems of supply would have been forthcoming and there would have been no need for such far-reaching powers and controls which, in many cases, will not get as good results.

Where Australian industries are concerned, the belief that the sharing of shortages is a solution, is bad policy and one to which we do not subscribe. Some more positive action to increase both local production and supplies from overseas will certainly achieve some results. It is also bad policy to believe that Australian manufacturers—or any other section of the community for that matter—must have an axe held over them before they will co-operate in a national emergency. The experience of all Governments with leaders of industry, and industry itself before, during or after the last war, does not justify a policy based on such beliefs.

Canberra Letter, July 23.

"THE TAXATION OF INFLATION"

There is a limit in political expediency to punitive taxation, although it would appear in this country that the sky's the limit. But to the taxation of inflation, which is the most fraudulent and the meanest form of taxation conceived by the fertile brain of the Father of the Lies and his Children, and is selectively retroactive, there is no limit except that desired by its Executives—Economic Ruin.

—*The Social Crediter* (England), Sept. 15.

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"Social Credit and Catholicism"

By George-Henri Levesque, O.P. Professor of Economics, Laval and Montreal Universities, Dominican House of Studies, Ottawa.

Because of the rapid progress of Social Credit ideas in the French-Canadian Province of Quebec, which Major Douglas has described as having "probably the most genuine Catholic culture under the British flag," this booklet is particularly important. Mr. Eric Butler has written an excellent introduction. There is also an Appendix outlining the structure and methods of the non-Party Union of Electors in Quebec.

The author of *Social Credit and Catholicism* finishes his booklet with the following: "... if you want neither Socialism nor Communism, bring Social Credit in array against them. It will be in your hands a powerful weapon with which to fight these enemies."

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The Maze

Once upon a time there was a People who lived in a maze. There were a lot of them. Millions. The maze they lived in was a large maze. Miles and miles. It was a very cunning and intricate maze, as well as being very large. It was constructed a long time ago by a great King, in the first place for the people to live in, and in the second place to add something to the spice of life for the people who lived in it. Or this is what is supposed; for the great King lived so long ago that very little is certainly known about him.

If the maze was not made so intricate for this reason, it was for some other reason; though, truth to tell, if it had not been there to add to the spice of life, you may be sure the people would have contrived something else perhaps not quite so interesting on their own account. Like bridge. Nevertheless, the maze wasn't a perfect maze. In this world nothing is perfect. Imperfect mazes are mazes, which have some disadvantage or other. The imperfection of this particular maze was that it grew too small to support the population for supporting populations is not the strong point of mazes, but rather the preventing of people from getting out of them. In this respect our maze was perfection itself. No one ever got out. Everybody wanted to get out, and tried ceaselessly to do so: but no one ever succeeded. If you had stood at one

of the several exits you might sometimes have caught sight of the imprisoned people in little knots of two or three, actually turning away from where you stood, and hurrying on in a flutter to some illusory lane hidden from you but all too clearly visible to them. This was because they felt frightened by themselves or even if there were only a few of them together, and hastened to return to the places where they could see more solid masses of people. Yet did they but know that it was these very masses which were their undoing, for they ate up all the produce of the maze, becoming hungrier and hungrier as time went on and thinner and thinner and less and less able to walk about and try to get out of the maze. And all the time, had they but been attentive they would have seen cunningly placed little arrows here and there which the great King had placed in position in case just such an emergency should befall the growing population in the great maze, which he had contrived. Little green arrows. No one ever so much as looked at one of them.

The reason for this may have been a singular accident in the social history of those whom we may call, for short, the Mazians. Singular, yes; and difficult to explain, as all things are which concern the established customs and beliefs of a community. Someone contemptuous of the small vanities of others, would sweep the matter aside with a bare gesture, as much as to say "What would you have? Such a silly people, and some even sillier than others!" But really this will not do. The fact is the Mazians all wore spectacles. As soon as a little Mazian was born and could balance them upon its nose a neat pair of spectacles was clapped over the bridge of its little nose, and these it wore to its dying day, being exchanged only at intervals as the bridge of its nose expanded a little and the distance between its little pink ears increased. And this was quite a ceremony, performed with appropriate rituals by expert spectacle-fitters in a special clinic. At the same time, if there were any defect of vision, this was attended to, and the Mazians thought that, on this score alone, they were a very advanced and orderly people and greatly to be respected by anyone, if there was anyone who lived elsewhere in another maze—which was very doubtful, having regard to the practical impossibility of ever getting out of one maze to go to another—an imaginative flight and generally rejected by all ordinary Mazians, though uncertainly and obscurely hinted at by a few philosophers, who never came to any agreement but incessantly argued among themselves. Nevertheless, there was great variety among the spectacles, not

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RURAL LABOUR SHORTAGE

"Many people are not yet aware of the astonishing but indisputable fact that Australia employs a much larger proportion of its labour force in manufacture than does the United States of America. We had already exceeded this proportion slightly before the war."

—Mr. Colin Clark in *Looking Ahead*.

Mr. Clark also states, "Since 1938-39 we have run our rural labour force down from 520,000 to 450,000 and raised our factory force from 542,000 to 889,000." These figures help explain why it is possible that within a few years critical food shortages will be used as an excuse to impose food rationing and to introduce Socialist schemes for agriculture. We have already noted signs, even amongst members of the Liberal Party, to support Government-sponsored agricultural ventures to overcome food shortages. Primary producers should awaken to the dangers confronting them and take appropriate action while they still have time.

You MUST Have This Book!

"The International Jew"

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SECRET VOTING FOR M.Ps.

The Menzies Government has insisted that the secret ballot is essential for the trade unions. If this is so, we suggest that the secret ballot is even more necessary in the Federal Parliament, where Parliamentary control of the Executive is further from being a reality than ever it was. For years we have contended that, irrespective of the Party in office at Canberra, the individual has been subject to an invisible dictatorship operating under the guise of democracy. Professor F. A. Bland, Liberal Member for Warringah, N.S.W., has now confirmed our viewpoint.

In a recent public address in Sydney, Professor Bland explained why he had attacked the Defence Preparations Bill in the Party room. He has also revealed how the overwhelming majority of those who spoke in the Party room, had attacked the Bill. But the same critics refused to join with Professor Bland in opposing the legislation in Parliament. They undoubtedly feared that if they did so, they would lose Party endorsement at the next elections, and thus be driven from public life. It is not surprising that Mr. Menzies "just smiled" when Professor Bland and others attacked his legislation in the Party room. He realised that his critics would have to "toe the line" in Parliament.

In a letter in "The Sydney Morning Herald" of August 4, Professor Bland dealt further with this grave issue and asked the following questions: "What does it avail if the Liberal back-bencher carries his opposition from the party-room to the floor of the House?" "I should like to know what part the Liberal back-bencher can play in the framing of legislation and the formulation of public policy?" We trust that after Professor Bland's revelations, we shall hear less of the humbug about democratic control of the Liberal and Country Parties. They might well serve as a starting point for an assault upon the tyranny which has made Members of Parliament mere puppets, and which progressively destroys the remaining rights of the individual.

If Parliament is to serve the purpose our British forefathers intended it should, individual Members of Parliament must be freed from Party tyranny and permitted to vote upon legislation according to their genuine beliefs. There is no reason why, following open and frank debate upon an issue, the Parliament's decision should not be reached by a secret vote. This would ensure at least that any decision reached represented the genuine viewpoint of the majority of Members. Failing the introduction of secret Parliamentary voting as one first step towards a solution of our problems, contempt for Parliamentary institutions must continue to grow as electors become nauseated by the spectacle of Party hacks supporting legislation, which they privately oppose.

Ironically enough, the biggest obstacle to the reform we suggest is the fact that any Government threatened by its protagonists would use all its tyrannical powers to prevent its Members voting for it. A secret vote is necessary to ensure that secret voting is introduced! However, this difficulty should not prevent every possible effort being made to make this matter a public issue.

INFLATIONARY FINANCE

In his reply to Premier McDonald's request for increased loan funds, Mr. Menzies said that any proposal to issue more Treasury Bills "is simply a creation of additional money, which is inflationary." There was a time, not so long ago, when politicians, including Mr. Menzies, denied that money is created by the issue of bank credit. They now admit the obvious, but are apparently so mesmerised that they cannot conceive of new money being created without inflation. However, it is interesting to note that although Mr. Menzies chided Mr. McDonald for his inflationary proposals, his Government is proposing similar financial measures to overcome the failure of its last loan, which even the Federal Treasurer has publicly termed a "flop". If the Government is to obtain the money it requires, new credit will have to be created. And in the process the public debt will be further increased—and with it the interest bill which necessitates higher taxation. New credit can, of course, be issued without inflation.

"AGREEMENT" WITH COMMUNISTS?

It is incredible that responsible Western politicians can still believe that there is any possibility of any genuine co-operation with the Communist leaders in Moscow. But Mr. Herbert Morrison, British Foreign Secretary, has, according to the press of September 14, "warned the Americans in Washington that their two countries must beware that a state of intolerance towards Russia did not prevent them seeing genuine signs of conciliation." If Mr. Morrison is not a knave, he is a "dangerous fool unconsciously serving Communist policies. The Communists have laid it down as fundamental that there can be no genuine agreement between the Communist and non-Communist nations, that there must be a final decision to decide whether the whole world is to be a Communist world or not.

SOCIALISM AND SOCIAL CREDIT

The difference between Socialism (the Plan to make Artificial Scarcity Perpetual) and Social Credit is that Socialism is a Plan, while Social Credit is a Report to the Shareholders and Why. It is almost irrelevant that Socialism is a bad Plan—almost the worst ever tried, because it stands inevitably self-condemned by its objectives. What Socialists call facts are not facts, they are data, and are useless in the absence of sound directives. Social Credit does not say, "This is how the economic, social, and educational system ought to work, and we will pass laws indefinitely until it works that way." Social Credit observes that things, men, and events work according to their natures, and no other way; and the passing of laws merely introduces complicating factors without altering the fundamentals of the problem.

—*The Social Creditor* (England), Sept. 15.

THE MAZE

Continued from
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In respect of the lenses, though most of them were just plain pieces of flat glass, which neither magnified nor diminished the objects seen through them; but of the frames there was a great assortment.

New sorts were constantly being invented and the fashions changed frequently. It was not at all an uncommon salutation, particularly among the women-folk, to say,

Myxomatosis

"... Easily the best combatant to the rabbit plague yet tried..." said Mr. R. G. Casey. "... Rabbits are dying in millions... The disease is continuing to spread..." And later (*vide The Sydney Morning Herald* 7/3/51): — "Every effort is being made to get more information about Myxomatosis". *Scientia* (knowledge!). Like little boys with matches, finding out what fire will do.

"But this is not the whole answer to the rabbit problem," said Mr. Hindmarsh. "There is no record anywhere at any time of any animal being eradicated by a disease." (*The Herald's Staff Correspondent*, Sunday, 11/3/51).

"It could not be expected that the disease would eradicate the rabbit, or even effect a useful degree of control over wide areas of rabbit infested country." *The Sydney Morning Herald* 6/8/51. Yet, in the same news item, we read that at a conference of Commonwealth and State officials it was decided that all States would cooperate in spreading myxomatosis, the rabbit-killing virus, this spring! WHY?

Mr. R. G. Casey, ostensible head of the C.S.I.R.O. at the time of the first news of the disease-spread, is now abroad and his place is occupied by another. Is this continuance an example of velocity; the inertia of motion; of movement which once begun, cannot at will be arrested? Or is it evidence of a continuous policy, using such as Casey as figurehead? Or both? Whatever it is, it embodies the aim of all criminals (to do the deed and not be detected): Irresponsibility.

A poultry-farmer of our acquaintance asserts that foxes are a lesser nuisance when rabbits are plentiful. We hear that red foxes have been playing havoc in— where do you think? —The Riverina; where the Scientists spread the disease. Can it be that the virus is a two-edged weapon, first helping the Grazier, by killing his rabbits, and then cursing him with a new unbalance—the hungry fox? But perhaps not, for we have heard that Myxomatosis kills foxes too... though this is officially denied, and against the rules, anyway. But whatever the facts—and we doubt that the Scientists will tell us much—of one thing we may be sure; that a once-welcome and disease-free item of diet—the rabbit—is now suspect, less popular, and less plentiful; and our bargaining power against the high price of meat is consequently reduced. Underground chicken is off.

—*The Australian Social Crediter*, Sept 8

We note with considerable interest that the Tasmanian Government is opposed to introducing myxomatosis into Tasmania.

even before asking for news of the health of the person addressed, 'Oh! What a lovely spectacle!', meaning of course not the *ensemble* which compelled admiration, but, literally, the facial adornment worn by the lady encountered. There were round shapes—square shapes, shapes with the corners cut away; moulded rims, carved rims; and rims of all the colours under the sun. The spectacle-making industry ranked almost as high in importance as the dressmaking trade, so universal was the use of spectacles, and so frequent the changes of fashion. You may wonder what all this had to do with the inconspicuous little signs which would, if they had ever studied them, have shown first one then another of the Mazians how to escape from their overpopulated country, and discover pastures new. Well, it was in this way: however varied the frames, the transparent parts of all the spectacles, whether for short-sighted per-long-sighted persons or people with perfectly normal vision, were of a green colour, which, of course, made the grass and the trees and the hedges which flanked the ways of the maze very green to look upon, though rather flat; but distorted all the other colours; and, as the little green arrows were all placed, cunningly, as it has been said, upon a green background, they were quite invisible to any normal Mazians, because of the green glasses they wore. Occasionally, it is true, they took them off, but only to remark what a strange world presented itself to their gaze, how trying to the eyes the unwonted brightness was, or how wise their rulers had been to institute the blessed convention of wearing spectacles. So, with apologetic laughs and blushes, no sooner did any Mazian take a look at the world as it really is, than he (or more commonly she) hurriedly replaced his spectacles, without giving any serious study to the prospect, which had startled him with its unfamiliarity. All but one or two in a generation, and they sometimes discerned the little arrows and obediently followed them to their destination. What became of them no one knows. Perhaps they got out, no one knows. They were mourned as lost to the community. Only among the superstitious is their disappearance ascribed unconsciously to its true cause, a circumstance that amply justifies the warnings of the nursemaids, who ask their charges, on occasion, if they know what happens to little boys who take off their glasses.

Alas, the death rate among the Mazians is rising steadily year-by-year. It is feared that the race will soon become extinct.

—*The Social Crediter*, (England).

SOMEWHERE SOUTH OF SUEZ

By DOUGLAS REED—14/5

We have a limited number of this book, the latest work of this important writer, in which he gives more evidence of the Communist-Zionist conspiracy.

LIMITED POWERS OF EGG BOARD

Mr. C. Sleigh, a former member of the Victorian Egg Board, in giving evidence before the Parliamentary Egg Board Inquiry Committee, said that it might be necessary to give the Egg Board increased powers of inspection of properties. It will be recalled that the last Egg Board sought to obtain unrestricted power of entry to search properties, but that the Victorian Government rejected this proposal.

It is unfortunate that egg producers generally are not aware of the limited powers of egg board inspectors, who in most cases use bluff to gain admittance to properties. The following is a true story of a recent event near Melbourne: Two individuals arrived on a poultry farmer's property, announced they were inspectors from the egg board, and proposed to count the number of birds on the property. The poultry farmer said he was very interested to hear this and that he presumed that they had a search warrant, which the inspectors could produce. The two officials admitted that they did not possess a search warrant, whereupon the poultry farmer said that he would have to ask them to leave his property immediately. The inspectors retired but returned shortly with a policeman, who said that his protection had been sought in order that a search of the property could be made. The poultry farmer asked whether the policeman could produce a search warrant, who replied that he couldn't. The poultry man then said, "Well, constable, I will have to ask you to leave my property. And while you are going will you please take these two rat-bags with you." We understand that the officials were not amused.

Does It Fit The Facts? . . . 5/-

C. H. Douglas's correspondence with the Rev. Dr. Sallis Dalches concerning the "authenticity" of The Protocols.

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Our Foodless Food

By Mary Roethl, R.N., and
Frances Vejtasa, F.R.C.

In this great age of science and higher intellect, why are we losing the art of healthful living? Each generation shows an increase in degenerative diseases: cancer, the great "darkness"; more and more heart disease, and the "new" viruses, the growing need for more and bigger hospitals for mental and nervous disorders. What are the causes that sicken and shorten lives? Surely the wheels of the present momentum must stop, and then begin to reverse in the right direction.

Suffering and disease is the Creator's way of hastening the death of living things that are not in proper balance, not complying with natural, strict and yet very simple and impersonal laws.

To analyse from the base: could not this indication of deterioration of living things be soil related? Is science substituting "artificial improvement" for basic natural laws, and thwarting their divinely ordained purpose? If this tragedy of errors continues, and we fail to return to the ways of the Creator, surely we can expect the "Lords of Karma" in the style of the Law of Compensation to demand a higher price.

Could not the "new viruses" be evidences of new karma of man's own doing and for his undoing? Countless human ills stem from impoverished, sick soils. Weak, sick soil produces weak, sick plants and trees. Fruits from weak, sick plants and trees produce weak, sick people. A strong race cannot come from devitalised soil. The healthy Hunzas of Tibet know "no cancer," largely because of their strict practice of organic soil management and their intake of only natural food—processed or adulterated food is unknown to them.

Are we not medicating the body with drugs and synthetics of all kinds and forms, including the "shot" system, rather than eating high quality food, containing the "unseen forces" that will give us the power to live and do?

Mother Nature is capable of dealing smashing blows to diseases of man and animals; she has made provisions for marvellous processes and methods. Health must be built from the "ground up." Never has there been a time when "live" food was as vitally necessary as it is now in this fast-living, fast-vibrating age. "Live" food comes from a "living" soil—not one depleted of its essential elements; tremendous are the blessings we receive and enjoy from this source. We need to become more soil-conscious; this will then radiate to the farmer, the orchardist and the gardener. The soil is the key, the gateway, to the best in health and happiness. Our soils are

giving us less and less in quality and quantity; they have in general become far removed from their abundant best. This condition calls for serious thought, since food in its present state is rapidly producing physical defectives.

Again the emphasis is on soil building as the basis of food building, and for the prevention of disease. Many persons are admitting their consciousness of "hidden hungers"; this indicates a lack in the most essential bodily elements. It is an alarming fact that fruits, vegetables and grains are now being raised on thousands of acres of soil, which no longer contains enough of its original, essential elements. Such food leads to hunger and undernourishment, no matter how much of it is eaten.

Originally, the pioneer farmer found the soil in its productive, virgin state. He made demands upon it to feed himself, feed his livestock and to sell a surplus. In time an unbalance developed: the elements "mined" out of the soil were not replaced in sufficiency or in kind. The exchange was not fair—Mother Earth had been cheated. Man took but neglected to give.

Warned by the soil's unproductivity, man sought to make up its deficiency. Costly "artificial" were gradually introduced commercially and used, the effects of many of which are now coming under questioning.

Animals and fowls alike are now consuming low-grade food. Milk, eggs and meats are not what they were a few generations ago; they do not consist of their original purity and proportion. This condition concerns all of us as human beings. We are drifting into more and more deterioration—not fulfilling the Creator's blueprint for us.

Our size, intelligence, health and diseases can be controlled by food, air and water—the essential intake for objective, or physical living. We can be fed into a diseased condition and fed out of it again.

Hippocrates, the Father of Medicine, living in about the fourth century before Christ, wrote of the importance of food and included food as one of the four cardinal principles in treatment for health.

A Selected List Of Books On Organic Farming And Gardening

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OUR FOODLESS FOOD

(Continued from page 6)

It is a fact that the human and animal systems cannot appropriate the essential elements for good health, to the best of advantage, in any but the "natural food form." Publications on organic gardening and farming may prove enlightening here. Those of us who are awakened to the truth and endowed with this "consciousness of knowing" should make every endeavour to help those who yet are not. "We will be as good as the food we eat, the water we drink and the air we breathe."

Sir Albert Howard, a well-known English scientist in biological soil building, gave wide publicity to his findings that our soils were losing their fertility, their power to produce foods for health; that foods grown with artificial fertilisers do not have the old-time flavour; that vegetables raised with chemicals are tougher and more fibrous; that artificially blown-up foods lack vitamins and other nourishing qualities.

That there is a decline in the standards of public health is evidenced in the startlingly large percentage of men disqualified for service (4 F's). This has led the United States to become food-and-soil conscious. The undernourishment of children too has been traced to anaemic soil and to processed and adulterated food.

The United States Congressional Record of June 20th, 1950, refers to House Resolution No. 323 (recently passed), which calls for the appointment of a committee to investigate chemicals, synthetics and substitutes in the manufacturing, refining, processing, preserving and packaging of food for human consumption—and also to investigate inorganic artificial chemicals, synthetics and poison sprays used in farming and orchard management. There is constant research in the Agricultural Department, in "looking for new" uses for chemicals, synthetics and substitutes for natural food. Also, it has been found in hearings before the Food and Drug

Administration that last year two companies alone sold 10,000,000 pounds of chemicals for use in the manufacture of bread; these were substitutes for milk, butter, essential oils and eggs. It is reported too that since the beginning of World War II, there have been 500 *applications for the use of new artificials* in foods. During all this time much surplus *natural* food has gone to waste.

Those who have become actively food conscious are issuing their warnings. The chemists have outrun the legislators. Millions of dollars are being spent and more and more new methods are being developed industrially to "embalm", change, and reduce food. The present state of our food and soil masquerades itself as polio, cancer, heart trouble, high and low blood pressure, mucous colitis, arthritis, autointoxication, the allergies and the anaemias, faulty vision, headaches, overweight or underweight, unhealthy skin and scalp, mental and nervous disorders, glandular dysfunction, the common cold, and many other forms of human misery.

The marked increase in the use of stimulants—caffeine beverages, nicotine, alcohol and the narcotic drugs—is but another symptom of our growing state of poor nutrition. Toxic fuel-less food opens the door to germs, viruses and bacilli; for, the body has no defence, no fortification. Food toxicity has become general and chronic. Toxins, or poisons, accumulate in the body faster than they can be thrown off; the power of waste elimination is diminishing.

Instead of allowing ourselves to become symptom and disease conscious, we need to face facts, investigate causes, and then make counteracting decisions for health.

Here is a survey of what may happen to wheat (a food grain): Grown on exhausted land, or land artificially fertilised with chemicals; harvested by the combine machine in one operation (not fully sun cured); blasted with cyanide gas to control pests; overheated by high speed steel rolling mills; its germ (which contains the life elements) discarded; infused with glycerin to keep bread *fresh*; loaded with artificially produced cheap vitamins and inorganic iron; bleached with chlorine or nitrogen trichloride. Sugar cane, the sugar beet, and many other products of the soil suffer similar treatment. White sugar and white flour belong at the top of the list of devitalised, food-less foods.

The process used for the making of cereals also results in lifeless food. It frightens one to contemplate the thought that these cereals form an important part in the diet of every growing child.

The greatest hope for restoring health to the human body lies in the individual person, the consumer. We must make demands for food in its natural state. We must develop an awareness of the truth that it is we who will pay the price in health for the increased trend toward chemicalising food for the purpose of lessening the risk of spoilage to the wholesaler and the retailer, and to minimise labour to please the consumer.

A balance in minerals is absolutely essential to health; this must include the easy-to-lose trace minerals, such as cobalt, barium, boron, potassium, chromium. Mineral deficiencies are the unseen forces

that account for the "hidden hungers," which lead to illness. Minerals are a *must* for plant, animal and human health.

Without minerals as a basis, our much-stressed vitamins are worthless. Vitamins are needed to control the work minerals have to do in the body, but in the absence of minerals they cannot function. We should reverse our thinking from a state of vitamin over consciousness to a consciousness of *minerals* and vitamins. The tendency in industry to place foods on the market before their safety has been established endangers our health. Unquestionably it would require complex tests over a long period of time to *see* the toxic and deterioration effects of these artificials on the body. At the present time a chemical that does not immediately kill test animals is allowed distribution. Be cautious about chemicals. Read well the labels and reject products containing chemical preservatives, such as sulphur dioxide, sodium benzoate and potassium carbonate; there are many others.

Recently a newspaper columnist made the statement that the Food and Drug Administration had documents listing 742 chemicals, which have been used at one time or another in the processing of food.

Older generations thrived on foods that were simple, in their natural state. Unfortunately, we have developed a taste for highly seasoned and unnatural, artificially flavoured products. Also, we drink carbonated drinks in preference to pure water. We must again cultivate a desire and a taste for natural foods.

Fortunate is the family situated on a plot of ground. The back-yard garden and adjacent lot can be made to produce food that one cannot buy; food rich in minerals, vitamins, flavour and other essentials. There will not be the loss of too early harvesting and lengthy storage—and no addition of harmful ingredients.

In making a survey of the state of nutrition, one is amazed to discover that, in most of the learned discourses, one highly important factor is consistently ignored—the *spiritual* side of foods. Even in his eating,

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FOOD EXPORTS AND SOIL FERTILITY

In a provocative article in the current issue of the Commonwealth Bank publication, "Looking Ahead," Mr. Colin Clark, director of the Queensland Bureau of Trading, asserts, "The idea of an economically self-sufficient Australia proves to have been nothing but a bad dream." While we are strongly opposed to unnecessary industrial expansion for the purpose merely of maintaining "full employment", we feel that the policy of self-sufficiency, so far as it is practical, is desirable for a number of reasons, Mr. Clark makes out a very strong case for a policy of increased food production for export, claiming that these exports would enable Australia to enjoy a higher standard of living by the import of cheaper goods than can be made in this country. We are very interested to learn that each Australian in primary industry is now producing one and a half times the quantity of goods he was in 1938-39. But we feel that the vital test for a sound agriculture is whether production per acre has been increased without reducing soil fertility. Mr. Clark quotes New Zealand as an example of how a high standard of living has been maintained on a big volume of food exports. But he does not point out that soil erosion in New Zealand has been most serious. A big volume of food exports means that the country's most essential capital, soil fertility is being exported. Manufactured imports do nothing to replace this exported capital. With sound husbandry practices being applied generally, it is true that some primary production can be exported in exchange for goods, which cannot be produced locally, while at the same time maintaining soil fertility. A change in present financial rules are urgently necessary in order to make this possible. Under a realistic financial policy there would be no necessity to stress the importance of exports of any type as an end in themselves. Western Civilization must face this fundamental issue or perish.

OUR FOODLESS FOOD

(Continued from page 7)

man insists on doing away with the "vital life principle" of food—not realising that without it he himself could not exist. Dr. H. Spencer Lewis in his booklet *The Spiritual Property of Food* explains that there are several ways in which this spirituality enters the physical body: through the air we breathe, with its potency coming from the great source of all energies, the sun; and through the nature and quality of the foods we eat, and that which we drink. In other words, we have access to divinity with every breath, and with each mouthful of food or water.

Dr. Lewis further states that "through wrong eating we are losing a portion of the spiritual energy that is absolutely necessary for a properly harmonious body . . . gradually, civilisation has invented ways and means of altering nearly all foods so that today very little of the food we eat enters our bodies in its pure and natural condition." He warns that by cooking, stewing or boiling the greens the electromagnetic juice containing the spiritual energy may be boiled out, or changed in its nature; thus, the connecting current between plant, man and Creator is severed.

The chlorophyll of plants, Dr. Lewis states, is a "peculiar essence" that is very difficult to analyse chemically, because there is something in it that is not purely of the earth. It is interesting to observe that he gives the lowly and uncultivated dandelion a place among the foods for mankind. We might add that perhaps it is the divine mission of this little "weed" to serve as an essential food that has kept it unconquered; for, in spite of man's attacks with hands and hoe, it persists in holding its golden head high even in the most immaculate lawns. Should we not take example, refuse to be changed from our preordained position, and from the depths of our consciousness clear the channels for divine expression?

—From *Rosicrucian Digest* (U.S.A.).

Are You An Organic Farmer or Gardener?

If so, the Editor of *Rural* would be pleased to hear from you at any time. All over Australia increasing numbers of people are applying organic farming and gardening methods. Readers who have any interesting information concerning the results they are achieving are requested to write in so that other readers can obtain the benefit of their experiences.

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